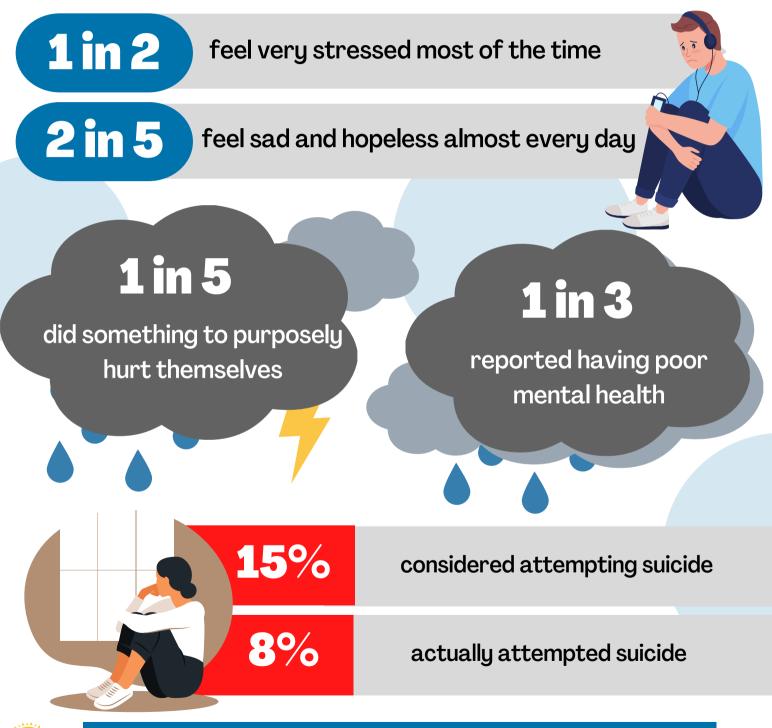
What Are High School Students Saying About Their Mental Health?





TURN TO LEARN MORE

Based on results from 2021 Cuyahoga County High School Youth Risk Behavior Survey conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University

For more information, visit http://prchn.org/ccyrbs-hs/

Support Can Help

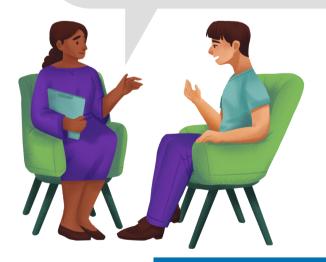
Students that had a supportive adult to talk to were..

2 TIMES LESS LIKELY to report having poor mental health 3 TIMES LESS LIKELY to attempt suicide

Youth who talk to their parents about school nearly every day were less likely to have depressive symptoms

Youth who get help when having depressive symptoms were less likely to harm themselves or consider suicide





Youth living with an adult that meets their basic needs are less likely to consider attempting suicide

SCAN QR CODE TO TAKE THE SURVEY



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