# How many high school students are using alcohol, drugs, or tobacco products?

1 in 5

currently drink alcohol

1 in 10

reported binge drinking





1 in 5

drank alcohol or used drugs before last sexual intercourse

17%

currently use marijuana

11%

currently use a tobacco product





10%

currently use an electronic vapor product

#### **TURN TO LEARN MORE**

Based on results from 2021 Cuyahoga County High School Youth Risk Behavior Survey conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University

# What Parents Should Know

### Youth who feel very stressed often are..



2 TIMES MORE LIKELY TO currently drink alcohol use marijuana, and binge drink

3 TIMES MORE LIKELY TO currently use an electronic vapor product

## Substance use impacts a teen's developing brain

- Memory loss or impairment
  - Limits control of impulses & decision-making skills
  - Delays reaction time & emotional development
- Increases likelihood of substance abuse and addiction





Youth that had a supportive adult to talk to were less likely to currently drink alcohol, binge drink, and use marijuana

#### SCAN OR CODE TO TAKE THE SURVEY



Source: Centers for Disease Control and Prevention. (2021). "Teen Substance Use and Risks."

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