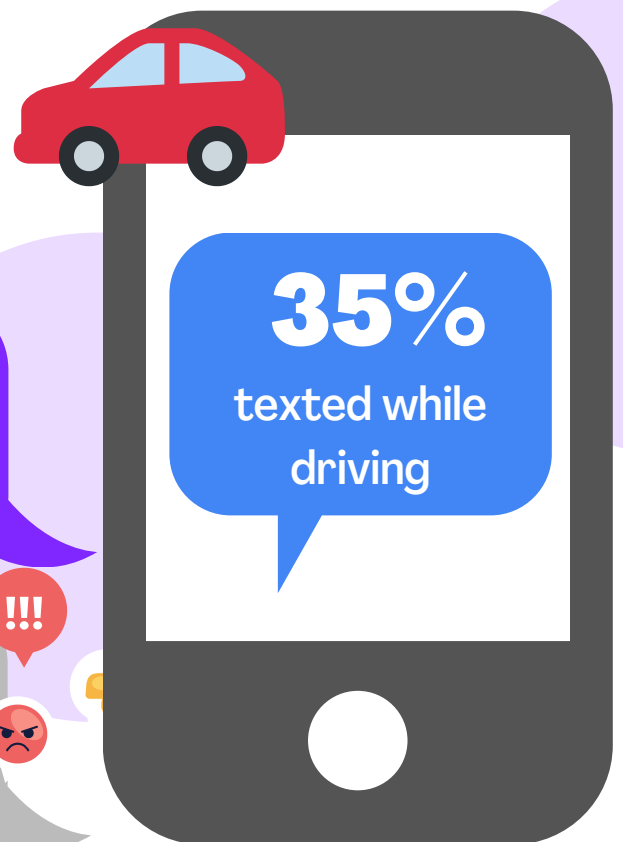
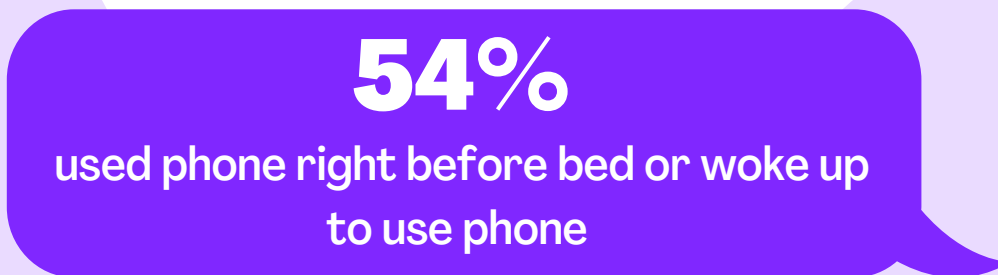
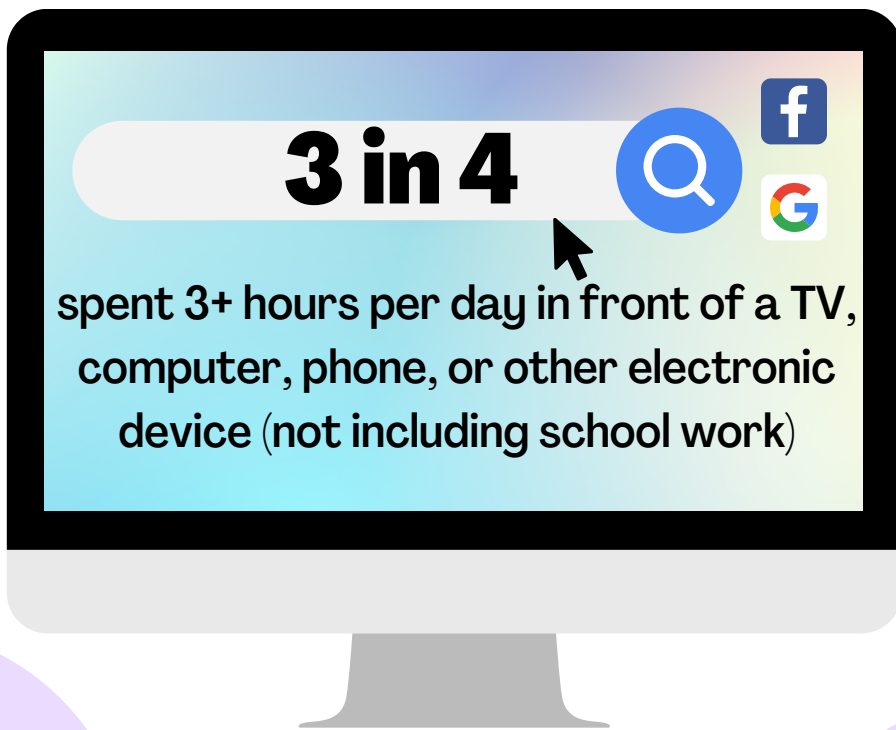


What Are High School Students Saying About Screen Time?



TURN TO LEARN MORE



Based on results from 2021 Cuyahoga County High School Youth Risk Behavior Survey conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University

For more information, visit <http://prchn.org/ccyrbs-hs/>

What Parents Should Know

Youth who are electronically bullied are...

3 TIMES MORE LIKELY TO purposely hurt themselves

2 TIMES MORE LIKELY TO have poor mental health



Youth who are physically active or play a sport are less likely to spend 3+ hours in front of an electronic device

Youth who texted while driving were more likely to not wear their seatbelt and drink alcohol before driving

Youth who used their phone right before bed were less likely to get enough sleep



**SCAN QR CODE TO TAKE
THE SURVEY**

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