

Counseling and Community Services

After School Program

Intensive Group Counseling for Children Ages 6 through 13

Bellefaire JCB's After School Program is intensive group counseling offered to children ages 6 to 13 and facilitated by licensed mental health clinicians who have training and experience in child and family counseling. Children who are referred to the program must meet defined clinical criteria and must demonstrate at least minimal ability to participate in group treatment.



Clinical issues address include, but are not limited to:

- Coping Skill Development
- Anger Management
- Impulse Control Development
- Feelings Identification and Verbalization
- Communication Skill Development
- Interpersonal Skill Development
- Self-Esteem
- Trauma and Crisis

Funded by Medicaid (including Buckeye Community Health Plan, CareSource, Molina Healthcare of Ohio, Paramount Advantage and United Healthcare Community Plan of Ohio), the After School Program runs year-round, Monday through Friday, with the exception of holidays, four quarterly breaks for staff training, and one week in December. Group hours during the school year are 4:00 p.m. to 6:00 p.m. and in the summer group hours move to 9:30 a.m. to 2:30 p.m. The transition dates between sessions are based on local school calendars and vary from year to year. Children attend the program on their designated days.

The program will provide limited transportation to Bellefaire JCB's main campus, where group are held, throughout the Cleveland area and surrounding suburbs. Routes are approximately one hour in length prior to and after the group. Parents are required to be at home when their children are dropped off. During the academic year, children are generally picked up from their school.

After School Group Schedule

School dismissal Client transportation to ASP
 3:00 p.m. - 3:45 p.m. Assistance with homework/
 Supervised free time
 3:45 p.m. - 4:00 p.m. Meal served
 4:00 p.m. - 6:00 p.m. Group
 6:01 p.m. Dismissal/transportation home

Summer Group Schedule

8:00 a.m. - 9:30 a.m. Client transportation
 9:30 a.m. - 9:45 a.m. Breakfast
 9:45 a.m. - 11:45 a.m. PH group
 11:45 a.m. - 12:00 p.m. Lunch/break
 12:00 p.m. - 2:00 p.m. PH group
 2:00 p.m. - 3:00 p.m. Dismissal/transportation home

Note: Friday dismissal is 12:30 p.m.

Adolescent Group Counseling

Refer to the back of this brochure for information on group counseling offered to adolescents ages 13 to 18 who meet defined clinical criteria and must demonstrate at least minimal ability to participate in group treatment.

For Information or to Initiate a Referral

Contact the Intake Team 216.320.8502

Adolescent Group Counseling

Program Overview

Group counseling is offered to adolescents ages 13 to 18 who meet defined clinical criteria and must demonstrate at least minimal ability to participate in group treatment. Groups are facilitated by experienced mental health clinicians. Clinical issues addressed in the group setting include, but are not limited to, the following:

- Coping Skill Development
- Conflict Resolution
- Interpersonal Skill Development
- Anger Management
- Self-Esteem
- Impulse-Control Development
- Grief and Loss
- Trauma

The program will provide limited transportation to various locations throughout the Cleveland area and surrounding suburbs. Routes are approximately 40 minutes in length prior to and after the group. During the school year, adolescents in the East Side program should be prepared for pick-up between 2:30 p.m. and 3:30 p.m. Drop-off will take place between 6:45 p.m. and 7:30 p.m. If a student receives outside transportation to the program, they must arrive on Bellefaire JCB's campus by 3:45 p.m. and be picked-up promptly at 6:30 p.m. Clients will be provided with a light meal. Please be sure to indicate if your child has special dietary needs.



East Side Program - Located at Bellefaire JCB's main campus

22001 Fairmount Boulevard, Shaker Heights, Ohio 44118

- Held year-round
- Monday through Thursday (*Students attend on their designated days*)
- School year hours: 4:00 p.m. to 6:30 p.m.
- Summer hours: 11:00 a.m. to 1:30 p.m.

West Side Program (For ages 10 to 17) - Located at Applewood Center

10427 Detroit Avenue, Cleveland, Ohio 44102

- Held during the summer only
- Tuesday, Wednesday and Thursday (*Students attend on their designated days*)
- Hours are 10:30 a.m. to 1:00 p.m.


Bellefaire JCB

for excellence... for wellness... for children

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For more information or to make a referral contact:
Kellie Leonhardt, LPCC-S @ 216.3208287 / 800.879.2522
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Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.