

Counseling and Community Services

Community-based Treatment Programs

Bellefaire JCB is a leading provider and innovator of wellness, advocacy and behavioral healthcare for youth and their families. We reach beyond our campus to pursue our mission of providing children in our community with excellent care and treatment. Counseling and community services are provided in a variety of locations, including one of Bellefaire JCB's offices, in a client's home, in the community, and in the school. It is our philosophy that children and teens respond best when they are treated in a familiar environment where parents, siblings, guardians, teachers and other significant people are able to collaborate.

Outpatient Services

Outpatient therapy is provided by masters level, licensed professionals with training and experience in child and family counseling. Counselors working with substance abuse or co-occurring issues are mental health/addictions dually-licensed. Therapeutic services address acute signs of behavioral/mental health symptoms and substance abuse disorders.

Psychological Evaluation

Psychological testing can be helpful in determining the sources of emotional and behavioral issues and identifying effective treatment strategies. All psychological testing sessions are performed by, or under the direct supervision of, licensed psychologists.

Psychiatry Services

Ongoing outpatient psychiatry services are available for children and adolescents in need of medication to address mental health diagnoses. Psychiatry services include a complete psychiatric evaluation followed by ongoing psychiatry appointments.

School-based Counseling Services

Clinical counselors and social workers are located in Cleveland Metropolitan School District, suburban schools, charter schools and Jewish day schools to address the mental health needs of students. Bellefaire JCB staff work with students in individual and group settings, and services are delivered year-round in the school and at home.

In-Home Family Counseling

Our Parents and Children Together (PACT) program provides counseling to families who are experiencing stress or conflict by identifying the family's concerns and needs and developing an individualized program. Services may include counseling, crisis stabilization, and advocacy with schools, the legal system and other community resources. Substance Abuse Treatment (SAT) programs are based on an integrated treatment model designed to address the complex needs of children and adolescents with co-occurring mental health and substance abuse disorders.

After School Program

This program provides intensive group therapy for children ages 6 to 13 and group counseling for adolescents ages 13 to 18. Many participants live in environments with chronic stressors such as verbal/physical/sexual abuse, neglect, poverty, drug exposure, aggression, loss, multiple home and school placements, and/or removal from their primary family.



Our Team

All of our counseling and community services are provided by professionally licensed staff who have degrees in psychology, social work, counseling and other human service fields. Bellefaire JCB's Intake Department team is trained to work with families and referral sources to make a clinical assessment of needs, evaluate appropriateness for programs and assist with the entire admission process.

About Bellefaire JCB

Founded in 1868, Bellefaire JCB is among the nation's largest, most experienced child welfare agencies providing a variety of behavioral health, education and prevention services for youth and their families. Each year Bellefaire helps approximately 15,000 children, teens and adults achieve resiliency, dignity and self-sufficiency through its more than 25 programs that include:

- Outpatient counseling
- School-based counseling, prevention and early intervention (Social Advocates for Youth - SAY)
- Residential treatment (including crisis stabilization, drug and alcohol treatment, and transitional and independent living)
- Foster care and adoption
- Homeless and missing youth and street outreach programs

Bellefaire is also home to JDN Early Childhood Center, Jewish Big Brother Big Sister and Monarch Center for Autism, which offers a full array of programs and services to individuals age 3 through adulthood.



Outpatient Locations

Bellefaire JCB has two convenient locations where our outpatient services are provided. Our 32-acre main campus in Shaker Heights provides a convenient location for clients and their families who find it easy to see our counselors and psychiatrists on the east side of Cleveland. Our office in the Carl B. Stokes building near downtown Cleveland is accessible from I-77, I-480 and I-90. All other services are delivered in the community.

Locations:

1. Main Campus
22001 Fairmount Boulevard, Shaker Heights
2. Carl B. Stokes Social Services Mall
6001 Woodland Avenue, Cleveland




Bellefaire JCB

for excellence... for wellness... for children

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Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.