Stabilization Critical Care Unit (SCCU) An Alternative to Psychiatric Hospitalization

Bellefaire JCB’s Stabilization Critical Care Unit (SCCU) offers at-risk youth ages 8 through 17 an alternative to psychiatric hospitalization for brief periods of stabilization, assessment and intervention. It functions as the behavioral health critical care and comprehensive diagnostic assessment unit in Bellefaire’s array of services, accommodating youth for brief, needs-driven, flexible stays ranging from 24 hours to 30 days. The SCCU is specifically designed to divert children and youth from psychiatric hospitalization.

The four-bed, licensed mental health unit provides a safe, highly supervised and supportive environment that facilitates intensive, individualized and short-term therapeutic services.

PROGRAM HIGHLIGHTS

- 24/7 emergency service for mental health, behavioral and substance abuse needs
- Specialized areas include:
  - LGBTQ population
  - Developmental disabilities with co-occurring psychiatric disorder
  - Human trafficking
  - Autism Spectrum Disorder
- Minimum of 1:2 staff-to-client ratio
- Individualized educational supports/tutoring

ASSESSMENT

We provide clinical services using evidence-based treatment models that enable us to treat the most vulnerable at-risk youth. Assessments include:

- Diagnostic and psychiatric
- Alcohol, tobacco and other drugs
- Existing medication
- Risk
- Skills, including personal and social, functional living, and basic language and learning (for those with Autism Spectrum Disorder)

SERVICES

- Linkages and referrals to internal and community resources, including in-home and outpatient therapy
- Individualized treatment plans at discharge, which may include:
  - Proactive and reactive behavior techniques and interventions
  - Recommendations on roles family members can play
  - Suggestions on reintegrating back to school
TREATMENT PHILOSOPHY

Bellefaire JCB’s Residential Treatment services offer a multi-level continuum of care. All of our residential programs stress a multidisciplinary approach to address the complex needs of each individual — building upon their strengths as they work toward recovery. Therapeutic techniques include Cognitive Behavioral Therapy, Dialectical Behavior Therapy and Collaborative Problem-Solving. Bellefaire also considers the client, family and placing entity as members of the treatment team. Services in all units include individual and group therapy, partial hospitalization, psychological and psychiatric evaluation, medication management, and chemical dependency assessment and treatment. Nursing and routine medical care are provided on our grounds.

REFERRALS

Referrals for placement are made by a variety of sources from across the nation, including parents and/or legal guardians, physicians, public child welfare agencies, community support teams, juvenile court systems, private insurers and schools.

For more information or to make a referral, please call 216.320.8502 or 800.879.2522, or you can email intake@bellefairejcb.org.