If you talk on your cell phone while driving
It’s equal to driving with a blood alcohol count of .08 percent ...
Which is legally intoxicated!

If you text while driving
You typically take your eyes off the road for five to seven seconds ...
It’s like being blindfolded!

Be Safe & Take the Distracted Driving Pledge* Today.

It might save your life ... and the lives of others!

I pledge to focus on the road while driving and will not use my cell phone for:
- Texting
- Talking
- Reading Texts
- Checking Voicemail
- Going on the Internet
- Changing Music

Name ________________________________

Date ________________________________

Name of person(s) to whom I’m handing my signed pledge ________________________________

*SAY Student Leadership Council allows students to earn community service hours, develop leadership skills, and together learn how to make healthy decisions and choose a positive path. Students in grades 9 - 12 are welcome to join.

For information contact Nancy Schaumburg
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Thank You to the Excel TECC students for helping create the Distracted Driving bumper sticker.

*The pledge was developed for students and parents by SAY Student Leadership Council and is available at www.e-say.org